

## **OSP Education and Career/Life Planning Resources**

**Teacher Planning Chart – December 2015** 



	GRADE 7	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
Who am I?	<ul> <li>View Videos:</li> <li>Discover Your Skills</li> <li>Introduction to Essential Skills (ES) and work habits (WH)</li> <li>ES&amp;WH in Action in Everyday Life</li> <li>ES&amp;WH Video Worksheet</li> <li>Complete OSP Activities for Job Seekers and Learners:</li> <li>Module 1 – Work Habits</li> <li>Module 2 – Essential Skills</li> <li>Try SkillsZone Games</li> </ul>	<ul> <li>Self-assess your ES&amp;WH</li> <li>Search for Tasks:</li> <li>See how people use ES&amp;WH in Work, Learning and Life</li> <li>Select an occupation from the DVD OR an occupation from the OSP website to view ES&amp;WH of interest</li> <li>Use the ES&amp;WH Worksheet to describe and reflect on how you use your skills in work, learning and life.</li> </ul>	Self-assess your ES&WH View Videos: • Skills Overview Video Use an OSP Learning Activity focused on the skill(s) you want to develop Prepare an OSP Volunteer Worksheet	Self-assess your ES&WH Use an OSP Learning Activity focused on the skill(s) you want to develop Prepare an OSP Volunteer Worksheet View Videos: • Make Social Media Work For You • Keeping Safe at Work	Self-assess your ES&WH Review the resource – Links between the OSP Work Habits and the Learning Skills and Work Habits from Growing Success Use the ES&WH Worksheet to describe and reflect on how you use your skills in work, learning and life.	Self-assess your ES&WH Use the ES&WH Worksheet to describe and reflect on how you use your skills in work, learning and life. Use the Keeping Safe at Work Video Facilitator's Guide to see how workers use their ES&WH and exercise health and safety rights to keep safe at work
What are my opportunities?	<ul> <li>ES&amp;WH Learner Worksheet:</li> <li>Identify 2 strengths and 2 that you want to develop</li> <li>Track Your ES&amp;WH in Learning Activities:</li> <li>See the skills you are demonstrating in a course</li> <li>See how skills are used in an occupation related to the course</li> </ul>	<ul> <li>Track Your ES&amp;WH in Learning Activities:</li> <li>See the skills you are demonstrating in a course</li> <li>See how skills are used in an occupation related to the course</li> <li>Use an OSP Learning Activity focused on the skill(s) you want to develop</li> </ul>	<ul> <li>Track Your ES&amp;WH in Learning Activities:</li> <li>See the skills you are demonstrating in a course</li> <li>See how skills are used in 2 occupations related to the course <ul> <li>pick occupations from different pathways (either from the DVD or from the OSP website)</li> </ul> </li> </ul>	<ul> <li>Track Your ES&amp;WH in Learning Activities:</li> <li>See the skills you are demonstrating in a course</li> <li>See how skills are used in 2 occupations related to the course – pick occupations from different pathways (either from the DVD or from the OSP website)</li> <li>If you have access to the Internet, create an OSP Work Plan to document skills demonstrations for use in part-time or summer employment.</li> <li>Sample OSP Work Plans are included in the Tips for Teachers and Facilitators.</li> </ul>	<ul> <li>Track Your ES&amp;WH in Learning Activities:</li> <li>See the skills you are demonstrating in a course</li> <li>See how skills are used in 2 occupations related to the course – pick occupations from different pathways (either from the DVD or from the OSP website)</li> <li>If you have access to the Internet, create an OSP Work Plan to document skills demonstrations for use in co-operative education and other experiential learning opportunities, part-time or summer employment. Sample OSP Work Plans are included in the Tips for Teachers and Facilitators.</li> <li>Use an OSP Learning Activity focused on the skill(s) you want to develop</li> <li>Prepare an OSP Volunteer and/or Experiential Learning Worksheet</li> </ul>	<ul> <li>Track Your ES&amp;WH in Learning Activities:</li> <li>See the skills you are demonstrating in a course</li> <li>See how skills are used in 2 occupations related to the course – pick occupations from different pathways (either from the DVD or from the OSP website)</li> <li>If you have access to the Internet, create an OSP Work Plan to document skills demonstrations for use in co-operative education and other experiential learning opportunities, part-time or summer employment. Sample OSP Work Plans are included in the Tips for Teachers and Facilitators.</li> <li>Use an OSP Learning Activity focused on the skill(s) you want to develop</li> <li>Prepare an OSP Volunteer and/or Experiential Learning Worksheet</li> </ul>





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Who do I want to become?	<ul> <li>View Videos:</li> <li>ES&amp;WH in Action in the Workplace Video</li> <li>ES&amp;WH Video Worksheet</li> <li>Reflect and/or discuss why ES&amp;WH are important in work, learning and life.</li> </ul>	<ul> <li>OSP Occupational Profiles:</li> <li>See how workers use their ES on- the-job</li> <li>Compare your ES&amp;WH to Occupations of Interest:</li> <li>Assess your skills that you demonstrate in everyday life tasks</li> <li>Compare your results to an occupation of interest</li> <li>Note your strengths and the skills you want to develop</li> </ul>	<ul> <li>Compare your ES&amp;WH to Occupations of Interest:         <ul> <li>Assess your skills in workplace tasks that you think you can do</li> <li>Compare your results to an occupation of interest</li> <li>Note your strengths and the skills you want to develop</li> </ul> </li> <li>OSP Occupational Profiles:         <ul> <li>See how workers use their ES on-the-job in 2 occupations that interest you – pick occupations from different pathways (either from the DVD or from the OSP website)</li> <li>If you have access to the Internet, find information about skills, education, training and employment opportunities from the OSP Occupational Profiles, Ontario WorkInfoNet and iWin</li> <li>Identify volunteer opportunities to learn more about these occupations</li> </ul> </li> </ul>	<ul> <li>Compare your ES&amp;WH to Occupations of Interest:         <ul> <li>Assess your skills in workplace tasks that you think you can do</li> <li>Compare your results to 4 occupations of interest – select occupations from at least 2 different pathways</li> <li>Note your strengths and the ES&amp;WH you want to develop</li> </ul> </li> <li>OSP Occupational Profiles:         <ul> <li>See how workers use their ES on-the-job in 4 occupations that interest you – pick occupations from different pathways (either from the DVD or from the OSP website)</li> </ul> </li> <li>If you have access to the Internet, find information about skills, education, training and employment opportunities from the OSP Occupational Profiles, Ontario WorkInfoNet and iWin</li> <li>Identify volunteer and experiential learning opportunities to learn more about these occupations.</li> </ul>	<ul> <li>Compare your ES&amp;WH to Occupations of Interest:         <ul> <li>Assess your skills in workplace tasks that you think you can do or that you have done</li> <li>Compare your results to 4 occupations of interest – select occupations from at least 2 different pathways</li> <li>Note your strengths and the ES&amp;WH you want to develop</li> </ul> </li> <li>OSP Occupational Profiles:         <ul> <li>See how workers use their ES on-the-job in 4 occupations that interest you – pick occupations from different pathways (either from the DVD or from the OSP website)</li> </ul> </li> <li>If you have access to the Internet, find information about skills, education, training and employment opportunities from the OSP Occupational Profiles, Ontario WorkInfoNet and iWin</li> <li>Identify volunteer and experiential learning opportunities to learn more about these occupations.</li> </ul>	<ul> <li>Compare your ES&amp;WH to Occupations of Interest:</li> <li>Assess your skills in workplace tasks that you think you can do or that you have done</li> <li>Compare your results to 4 occupations of interest – select occupations from at least 2 different pathways</li> <li>Note your strengths and the ES&amp;WH you want to develop</li> <li>OSP Occupational Profiles:</li> <li>See how workers use their ES on-the-job in 4 occupations that interest you – pick occupations from different pathways</li> <li>If you have access to the Internet, find information about skills, education, training and employment opportunities from the OSP Occupational Profiles, Ontario WorkInfoNet and iWin</li> <li>Identify volunteer and experiential learning opportunities to learn more about these occupations.</li> </ul>
What is my plan for achieving my goals?	Update your <b>ES&amp;WH Worksheet</b> with your skills demonstrations Complete the <b>OSP Reflection</b> <b>Worksheet</b> File all OSP records in your IPP	Create a résumé to showcase your skills If you have access to the Internet, use <b>Ontario WorkInfoNet</b> and <b>iWin</b> to identify volunteer opportunities which can help you develop and demonstrate your ES&WH Prepare an <b>OSP Volunteer Worksheet</b> Update your <b>OSP Tracker</b> with your skills demonstrations and identify strengths and skills you want to develop Complete the <b>OSP Reflection Worksheet</b> File all OSP records in your IPP	Update your résumé to showcase your skills to access opportunities Update your <b>OSP Tracker</b> with your skills demonstrations and identify strengths and skills you want to develop Complete the <b>OSP Reflection</b> <b>Worksheet</b> File all OSP records in your IPP	Update your <b>OSP Tracker</b> with your skills demonstrations and identify strengths and skills you want to develop Complete the <b>OSP Reflection</b> <b>Worksheet</b> Update your résumé to showcase your skills to access opportunities File all OSP records in your IPP	Update your <b>OSP Tracker</b> with your skills demonstrations and identify strengths and skills you want to develop Complete the <b>OSP Reflection</b> <b>Worksheet</b> Update your résumé to showcase your skills to access opportunities File all OSP records in your IPP	Update your <b>OSP Tracker</b> with your skills demonstrations and identify strengths and skills you want to develop Complete the <b>OSP Reflection</b> <b>Worksheet</b> Update your résumé to showcase your skills to access opportunities File all OSP records in your IPP

