

# The Ontario Skills Passport Tracker

Name:	Date:	
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## Track and plan your skills development!

The Ontario Skills Passport (OSP) offers tools and resources to **assess**, **build**, **document** and **track** your skills so you can **transfer** them to everyday life or the next place you go – whether it's further education, training or the workplace.

This information will help you develop your Individual Pathways Plan (IPP) as you answer the questions: Who am I? What are my opportunities? Who do I want to become? What is my plan for achieving my goals?

Check off in the chart below the Essential Skills and work habits you demonstrate in work, learning and life. Use this information to plan further skills development, update your résumé and prepare for a job interview. The OSP has great tools to help you!

	Skill Levels				
Essential Skills	Level I	Level 2	Level 3	Level 4	Level 5
Reading Text					
Writing					
Document Use					
Computer Use					
Oral Communication					
Numeracy					
Money Math					
Scheduling or Budgeting and Accounting					
Measurement and Calculation					
Data Analysis					
Numerical Estimation					
Thinking Skills					
Job Task Planning and Organizing					
Decision Making					
Problem Solving					
Finding Information					

Note: Level 1 tasks are the least complex and level 4/5 tasks are the most complex.

Work Habits											
Working Safely		Organization		Self-advocacy							
Teamwork		Working Independently		Customer Service							
Reliability		Initiative		Entrepreneurship							

Note: There are no skill levels associated with work habits featured in the OSP.

Visit the OSP website for descriptions of the Essential Skills and skill levels, as well as the work habits.

ontario.ca/skillspassport





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### Individual Pathways Plan (IPP) Areas of Learning

#### **Knowing Yourself**

Complete an OSP self-assessment to learn about your Essential Skills and work habits. Identify the skills you are demonstrating inside and outside of the classroom.

#### **Exploring Opportunities**

View OSP Occupational Profiles and videos to see how people use these skills to perform tasks in the workplace and in everyday life.

#### **Making Decisions and Setting Goals**

Identify the skills you have and those you need to further develop for the kind of work and lifestyle that interests you.

#### **Achieving Goals and Making Transitions**

Identify the courses, programs, volunteer opportunities, part-time work and extracurricular activities that can help you develop these new skills.

### Cooperative Education/Specialist High Skills Major Program/ Ontario Youth Apprenticeship Program

- Use OSP and SkillsZone resources to learn about Essential Skills, work habits and careers of interest to you.
- Create an OSP Work Plan in which employers record how you used your skills during the work placement.
- Use the OSP Tracker to track and plan further skills development.
- Use this information to create a résumé, conduct job searches and interview with confidence.

# Community Involvement, Volunteer Opportunities (e.g., SpeakUp and Students as Researchers Projects) and Extracurricular Activities

**Plan:** Use the OSP "Search for Tasks" feature and the SpeakUp Project Worksheet to select tasks for your project, then identify deadlines and check points for them.

Act: Check off the tasks that you have completed, update your OSP Tracker and keep all skills records in your IPP.

**Observe:** Meet with team leader, members and supervisor to review what you have done, what you have learned, and how you could improve.

**Reflect:** See how your skills connect to your interests and goals and explore how you can further develop them.



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